



TAILWIND PHYSICAL THEATRE

EDUCATION PACK

"The world of physical theatre changed my trajectory. I wish that I had access to training earlier on in my career so that I had a better understanding of how to create my own work"

TAILWIND
PHYSICAL THEATRE

Ru Lawrence - Artistic Director

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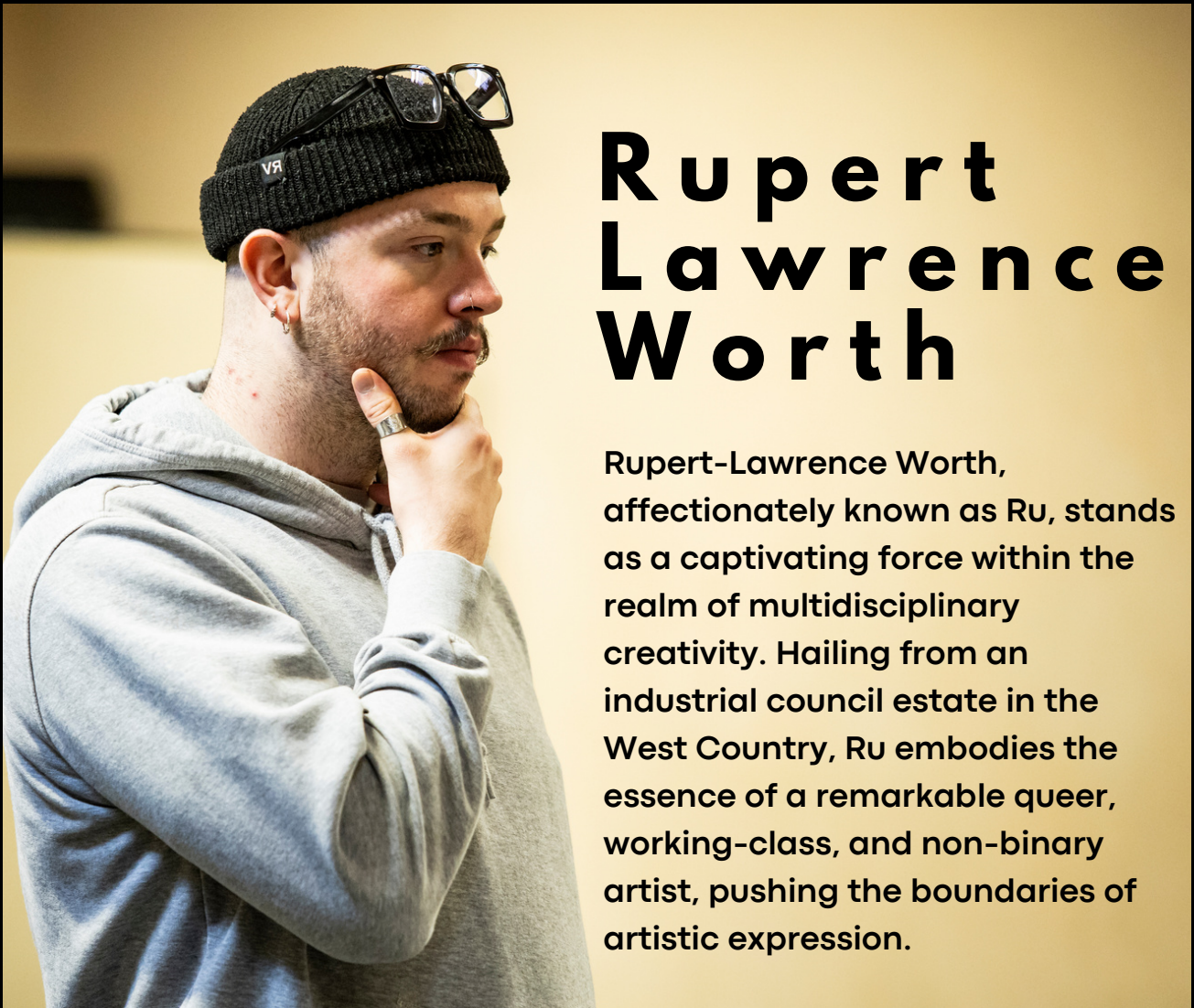
An introduction to Tailwind Physical Theatre

'Founded in 2019, by Rupert-Lawrence Worth, Tailwind Physical Theatre,' is a pioneering company, weaving together eclectic ensemble works that transcend conventional norms and captivate audiences with their profound commitment to addressing pressing environmental and socio-economic issues.

When creating work Tailwind takes a 'Total Theatre' approach which incorporates all aspects of the devising process. From choreography, text, lighting, sound design, props and costume we use all aspects to contribute toward the visceral and transformative worlds that we create.

Tailwind physical Theatre has worked in great venues such as Rambert, Tramshed and Clifftown Theatre. In Autumn 2023 was a resident artist at The Ugly Duck and in Spring 2024 was a resident artist at Metal Southend. These spaces have been crucial to the development of our company and we want to highlight the importance that they have played in the direction our company has taken.





Rupert Lawrence Worth

Rupert-Lawrence Worth, affectionately known as Ru, stands as a captivating force within the realm of multidisciplinary creativity. Hailing from an industrial council estate in the West Country, Ru embodies the essence of a remarkable queer, working-class, and non-binary artist, pushing the boundaries of artistic expression.

Ru trained at East15 Acting School on their Ba Acting and Physical Theatre Degree and since graduating has had a full and textured career working as a movement director, teacher, puppeteer, dancer, actor, facilitator, intimacy co-ordinator, director, producer, and theatre maker. The breadth of Ru's talent has been enriched by collaborations with renowned companies such as Gecko Theatre, David Glass, Babel Theatre, Ru is also a resident artist at esteemed venues, Ugly Duck and M.E.T.A.L.

“Working across the industry and with a incredibly diverse amount of amount of companies and people has given me a rich and fulfilled range of approaches to teaching and facilitating” Ru Lawrence



Tailwind Physical Theatre propels emerging artists forward, harnessing the force of creative winds. Focused on empowering emerging talent, we offer diverse training, fostering a dynamic community that thrives on collaboration and innovation. Our immersive performances invite audiences to physically feel the energy, be it the tailwind created or the bass of our sound design.

"Ru has a wide range of knowledge and references they use when giving feedback. Their feedback is perfect for companies who are less "dancer-brained", as Ru's working style is flexible and enjoys imagination based work... Hitherto Theatre"



"It gave me an understanding of how to access different versions of the physical body to unlock character and movement... " Zachary Wilcox - Writer and Director

Mission and Vision

"After working with leading physical theatre Practitioners like Frantic Assembly, David Glass and Gecko Theatre I realised the importance of have a informed practice. Tailwind Physical Theatre have found their methodology and are ready to show it to emerging and young artists"

Ru Lawrence



MISSION

To make industry professional training more accessible to early career artists and performers, giving them the necessary toolkit to be able to discover a more informed practice helping them make provoking work.

VISION

To create a safe and inclusive enviroment for people to explore play and develop their artistic knowledge. Using a series of different techniques our workshops will cater for anyone that wants to start making theatre.



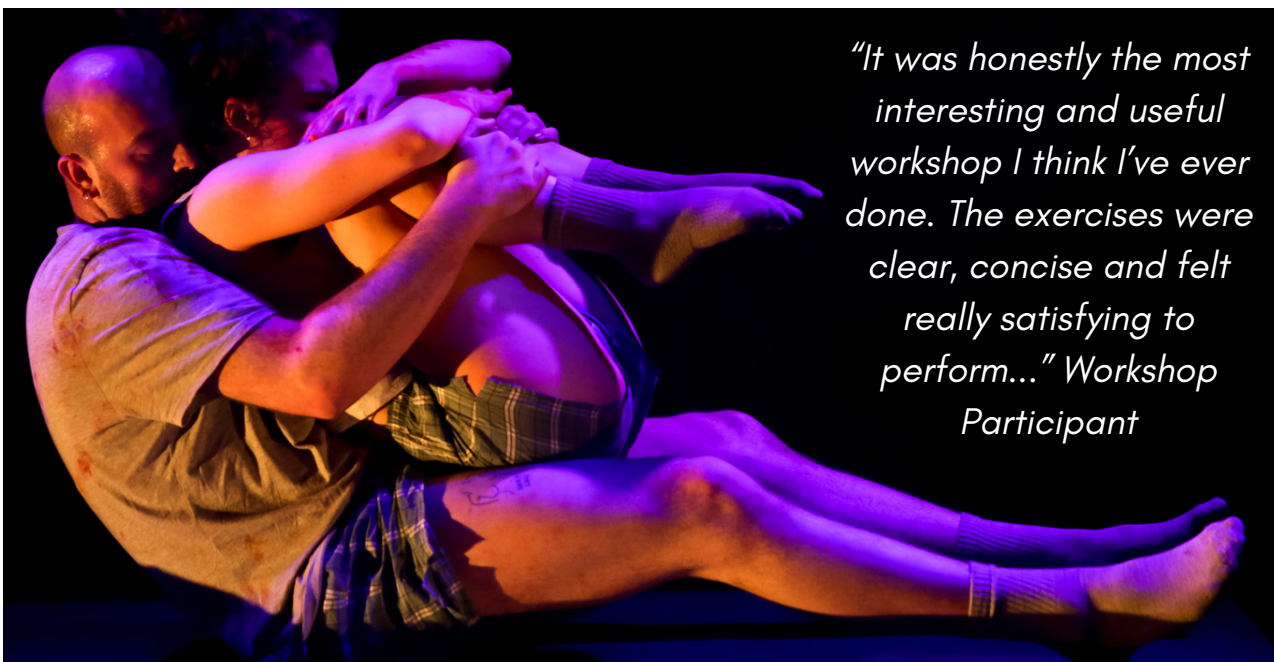
What do we offer?

We offer a bespoke range of workshops design to up-skill creatives. As well as this we offer our services to direct shows, run physical theatre modules or simply a one off workshops. Our workshops work best over the course of 4 days as we really get to dive into the practice on a deeper level.

We recognise budgets, funding and the cost of living crisis affects everyone differently so we are always willing to open up the conversations about pricing and financial need.

- **HOW TO DEVISE ?**
- **CONNECTING THE EMOTIONAL AND PHYSICAL BODY**
- **CREATING MOVEMENT FROM IMPROVISATION**
- **PHYSICAL THEATRE TECHNIQUES**
- **LIFITNG TECHNIQUES**
- **INDUSTRY PROFESSIONAL Q&A'S**
- **SHOW DIRECTION**
- **MOVEMENT DIRECTION**

The pricing below is catered to our 1,2 and 4 day workshops. Please contact us for more information about show direction and modules.



"It was honestly the most interesting and useful workshop I think I've ever done. The exercises were clear, concise and felt really satisfying to perform..." Workshop Participant

PRICING

Like we mentioned before we are always willing to have an open discussion about pricing and budgets. We want to make sure that our workshops are accessible for everyone.

1 day Workshop

£250

Devising 101 - A crash course in how to start devising - including dynamic partner work, lifting techniques and adding to your creation toolkit.

2 day Workshop

£500

Devising 101 - Connecting the emotional and Physical body, where we start to dive into how to connect to impulse and create movement from that.

4 day Workshop

£950

Our 4 day workshop gives us a chance to really dive into the work and offer creatives a real space to explore, play and embody how they may start to develop their own practices.

We are happy to run workshops in any location located an Hour from London. We will run workshops further afield but we may need to adjust pricing for travel and accommodation options. We are happy to to talking about adjusting these prices, please email tailwindtheatre.info@gmail.com



**For inquiries,
contact us.**

EMAIL

tailwindtheatre.info@gmail.com

INSTAGRAM

[@tailwindtheatre](https://www.instagram.com/tailwindtheatre)

We look forward to connecting and starting the conversation about what we can do for you.